Making sense of the wealth of information, peer-support, and social media resources available online to help people manage their type 1 diabetes.

A carefully selected collection of online resources to make type 1 diabetes a little easier to live with

Checked and reviewed by both healthcare professionals and people with diabetes

Search and filter by topic, channel, source or keyword

Hints and advice for people new to social media

Calendar displaying events and meetings from dozens of organisations, groups and charities

Visit www.t1resources.uk to find out more.